



JOURNAL PAGE: DAY 3

UNDERSTANDING BIAS

NOTE:
Please save
this PDF to your
computer before
using.

Use the spaces on the right side below to enter your answers and thoughts, and then save this document to your computer for future reference.

<p>What are some of your biases (positive or negative)?</p>	
<p>When was the last time you recognized one of your biases?</p> <p>What happened?</p>	
<p>What will you do going forward to be more aware of your biases?</p>	
<p>Additional Thoughts:</p> <p>What was your 'a-ha' moment (moment of surprise or new information)?</p> <p>What was your 'hurt' moment (feeling of discomfort)?</p> <p>What will you do differently?</p>	