



JOURNAL PAGE: DAY 3

UNDERSTANDING BIAS

Use the spaces on the right side below to enter your answers and thoughts, and then save this document to your computer for future reference.

<p>What are some of your biases (positive or negative)?</p>	
<p>When was the last time you recognized one of your biases?</p> <p>What happened?</p>	
<p>What will you do going forward to be more aware of your biases?</p>	
<p>Additional Thoughts:</p> <p>What was your 'a-ha' moment (moment of surprise or new information)?</p> <p>What was your 'hurt' moment (feeling of discomfort)?</p> <p>What will you do differently?</p>	