



JOURNAL PAGE: DAY 11

HEALTHCARE

NOTE:

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this PDF to your
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using.

Use the spaces on the right side below to enter your answers and thoughts,
and then save this document to your computer for future reference.

How have you observed the impact of cultural trauma in your community?	
Reflect on your history of healthcare providers; have any been of color?	
How can you be an advocate for individuals in our community who lack access to healthcare?	
Other thoughts: What was your 'a-ha' moment (moment of surprise or new information)? What was your 'hurt' moment (feeling of discomfort)? What will you do differently?	