



JOURNAL PAGE: DAY 11

HEALTHCARE

Use the spaces on the right side below to enter your answers and thoughts, and then save this document to your computer for future reference.

<p>How have you observed the impact of cultural trauma in your community?</p>	
<p>Reflect on your history of healthcare providers; have any been of color?</p>	
<p>How can you be an advocate for individuals in our community who lack access to healthcare?</p>	
<p>Other thoughts:</p> <p>What was your 'a-ha' moment (moment of surprise or new information)?</p> <p>What was your 'hurt' moment (feeling of discomfort)?</p> <p>What will you do differently?</p>	